

# Geri-EM Elective

## Prospective schedule

| Sunday                                                                                                                                                                                                                                                                                                   | Monday                                                                                                                                            | Tuesday                            | Wednesday                                               | Thursday           | Friday           | Saturday |
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|                                                                                                                                                                                                                                                                                                          |                                                                                                                                                   |                                    | ED residents have academic rounds on Wednesday mornings |                    | 1                | 2        |
| 3<br><b><u>Week 1: Orientation and Holistic Geri Care</u></b><br>The focus of this week will be to give the residents an introduction to and overview of the Geriatric Team who contributes to the holistic care of the patient<br><br><b>Assignment for the week:</b><br>- Geri-EM online course (free) | 4<br>Orientation to the rotation, expectations, Q&A:<br>- Dr. Levine + Dr. Doell<br><br>Geriatric Liaison Nurse orientation and preliminary shift | 5<br>Geriatric Liaison Nurse Day 2 | 6<br>Occupational Therapy (afternoon)                   | 7<br>Physiotherapy | 8<br>Social Work | 9        |
| 10                                                                                                                                                                                                                                                                                                       | 11                                                                                                                                                | 12                                 | 13                                                      | 14                 | 15               | 16       |

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| <p><b><u>Week 2: Geri Consults (part 1)</u></b></p> <p>The focus of the next two weeks will be to have the resident be a part of the Geriatric Medicine team, with a focus on specific presentations each week. The hope will be that EM residents will mostly be in the ED for Geri consults, but it is understood that this will largely rely on demand in the ED.</p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>- Falls</li> <li>- Delirium/dementia</li> <li>- Psychiatry</li> </ul> <p>There will be one day of the week which will allow the resident to spend time with a Geriatric Psychiatrist</p> <p><b>Assignment:</b> review one recent Geri-EM article for presentation on Friday</p> | Consults                  | Consults                  | Consults (afternoon)                  | Geriatric Psychiatry                                                                                                                                                                                     | <p>Consults</p> <p>Paper presentation and discussion</p> <p>Teaching:</p> <ul style="list-style-type: none"> <li>- Elder abuse</li> <li>- End of life discussions</li> </ul>                                                                                      |           |
| <p>17</p> <p><b><u>Week 3: Geri Consults (part 2)</u></b></p> <p><b>Focus:</b></p> <ul style="list-style-type: none"> <li>- Multimorbidity</li> <li>- Polypharmacy</li> </ul> <p>There will also be one day of the week which will allow the resident to spend time with a Geriatric Pharmacist</p> <p><b>Assignment:</b> review one recent Geri-EM article for presentation on Friday</p>                                                                                                                                                                                                                                                                                                                           | <p>18</p> <p>Consults</p> | <p>19</p> <p>Consults</p> | <p>20</p> <p>Consults (afternoon)</p> | <p>21</p> <p>Geriatric Pharmacy</p> <ul style="list-style-type: none"> <li>- Goal: to learn the general approach taken by the pharmacist when assessing polypharmacy in the geriatric patient</li> </ul> | <p>22</p> <p>Consults</p> <p>Paper presentation and discussion</p> <p>Teaching:</p> <ul style="list-style-type: none"> <li>- ED triage tools in finding seniors at risk in the ED</li> <li>- Identifying pts at risk for delirium and adverse outcomes</li> </ul> | <p>23</p> |
| 24                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 25                        | 26                        | 27                                    | 28                                                                                                                                                                                                       | 29                                                                                                                                                                                                                                                                | 30        |

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| <b><u>Week 4: Putting it All Together</u></b><br>This week is focused on taking what was learned over the previous 3 weeks and applying it to Geriatric-focused shifts in the ED. Residents will be paired with ED physicians who understand the goals of the rotation.<br><br>Shifts are focused on screening for patients >75 years old who would benefit from Geriatric Team involvement. The purpose of this will be to understand how to make use of all the resources available, such that once residents return to being on-service ED, they will be better able to streamline their approach to the geriatric patient, initiate steps that can save them time, as well as knowing when to appropriately involve the geriatric team. | ED shift | ED shift | Afternoon teaching:<br>- Any outstanding topics | ED shift | End of rotation meeting:<br>- Dr. Levine and Dr. Doell |  |
| 31                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |          |          |                                                 |          |                                                        |  |